

# Thurston Parish Council

Parish Council Office  
New Green Centre  
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Thurston IP31 3TG



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## APPLICATION FOR A GRANT

*Before competing this form, please read carefully the attached document entitled Thurston Grant Awarding Policy. Copies of the form together with the **latest copy of examined accounts** must be submitted along with any supporting documentation requested.*

### **General information for applicants**

*It is Thurston Parish Council's intention (subject to budget restrictions and available resources) to support initiatives from local community groups and organisations. Priority will be given to applicants who have not previously received grants from Thurston Parish Council. The size of any grant awarded is at the discretion of the Parish Council but will not exceed £500 in any one application.*

*If you have any queries on the completion of this form please contact the Parish Clerk, Thurston Parish Council, New Green Centre, Thurston, IP31 3TG. Email: [clerk@thurstonparishcouncil.gov.uk](mailto:clerk@thurstonparishcouncil.gov.uk)*

### **DETAILS OF YOUR ORGANISATION**

**Name of Organisation:**.....Fresh Start new beginnings.....

**Address:** 333 Felixstowe Road, Ipswich, IP3 9BU  
.....

**Contact Telephone No:** 01473 705111.....

**Email:**...carrie@fsnb.org.uk.....

**Registered Charity No.:**....114937.....

**If you are part of a larger organisation, enter its name:**.....  
.....

**Principal aims and objectives:** We offer therapeutic service to child victims of sexual abuse that is tailored to their unique individual needs taking account of their race, heritage, religion, gender, age, ability, beliefs, sexual orientation, and their wishes. We aim to help these children and young people overcome their trauma and confusion by helping them understand what has happened to them, giving them tools to overcome difficulties, and teaching them to identify their strengths and potential.

**DETAILS OF GRANT REQUESTED**

**Explain your need for a grant with the likely number of beneficiaries, their age profiles and**

**their location:** Support for children living in Suffolk and Norfolk who have disclosed sexual abuse.

Our target group is children aged 0-21 years who have disclosed sexual abuse and live in Suffolk and Norfolk. We provide victims of sexual abuse with therapeutic treatment services which are delivered by our specialist child sexual abuse workers, who are highly trained and qualified. We use a range of psychological approaches to include CBT, mindfulness, systemic therapy, and for the younger children or those with disabilities, we use more visual work, to include sand, drawing, worry bags and storytelling books. A child will have undergone a thorough assessment of their psychological, mental, and emotional wellbeing, from which a bespoke and tailored Therapeutic Treatment Plan will have been formulated, specific to the child and their needs. No two plans are the same.

**Grant requested:** £ I have included a flyer showing how funding and donations can help a child through their time with us.

**DETAILS OF OTHER GRANTS**

**Received in the last two years**

**Currently applied for** As an ongoing concern FSnb are always seeking funding from various outlets such as local organisations like yourselves as well as Trusts and Grants. We also hold fundraising events

**Please use this space for any significant information about your organisation not already supplied**

Child sexual abuse does not belong to any group of people, class, or social economic scenario, it occurs across all of society. When a child finds the courage to disclose sexual abuse, we need to help them recover from their traumas by delivering our therapeutic treatment services.

I certify that the foregoing replies are accurate to the best of my knowledge

Signature of applicant  \_\_\_\_\_

Office Held Events & Community Fundraiser Date 02/02/2022